Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Sunday 23 Jul 2023 until 23:59 on Monday 24 Jul 2023

Forecast Issued on Sunday 23 Jul 2023 at 02:55 by Met Office Aberdeen

Confidence: High for a mix of sunshine and showers at times over the coming days, lower for detail of rainfall from Wednesday.

Headline for Sunday 23 Jul 2023: Sunny spells and scattered showers at times on Sunday.

Mountain weather hazards on Sunday 23 Jul 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny intervals	Sunny intervals	Light rain showers	Light rain showers	Sunny intervals	Partly cloudy (night)
Precipitation probability					
10%	10%	20%	20%	<05%	<05%

Forecast for Sunday 23 Jul 2023

Weather: Patchy cloud (low at first) and sunny spells throughout much of the day. Scattered showers pushing southwards during the morning and early part of the afternoon but these generally light. Becoming largely dry from the north by mid-afternoon. Clear spells from late evening.

Chance of cloud-free hill tops above 800m: 70% at first, improving to 90% by early to mid-morning.

Low cloud and visibility: Few/scattered low cloud, base 600-800m, at first, lifting and clearing early to mid-morning. Visibility generally good, temporarily reducing in showers.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 23 Jul 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	24/29 E	25/33 NE	22/28 NE	16/22 NE	17/22 N	17/21 N	14/18 N
900	22/27 E	25/32 NE	21/27 NE	16/22 NE	17/22 N	15/20 N	13/17 N
600	17/21 NE	20/27 NE	17/24 NE	13/19 NE	14/20 N	11/16 N	8/13 N
300	5/23 E	8/27 NE	8/23 NE	7/19 NE	7/20 N	6/17 N	5/15 N
Glen	14/26 NE	12/26 NE	13/24 NE	10/19 NE	15/25 N	13/24 N	8/18 N

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	4/-2	6/1	6/1	7/3	7/3	4/-0	3/-1
900	5/-0	7/2	7/2	8/4	8/4	5/1	4/-0
600	8/4	10/6	10/7	11/8	10/8	8/5	6/4
300	10/9	13/12	13/12	14/13	13/12	10/9	8/7
Glen	13/10	16/14	16/14	17/15	16/13	13/10	11/9
Freezing Level*	1700m	1700m	2000m	1900m	1800m	1600m	1500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Be aware of unseasonably cold feels like temperatures at height.

Forecast for Monday 24 Jul 2023
Weather: Mainly dry with sunny spells through Monday morning. Cloud thickening from late morning. Persistent rain in the afternoon, mainly north of Skye, the occasional heavy outbreak. Rain becoming more widespread early evening.

Maximum wind: Northwest 15 gusting 20 mph, becoming 20 gusting 25-30 mph late afternoon.

Chance of cloud-free hill tops above 800m: 90% lowering to 40% later in the afternoon.

Low cloud and visibility: Low cloud in association with showers, base 600-800m, from mid to late afternoon and into the evening. Visibility generally good but reducing to moderate in heavier showers.

Temperature: **Glens:** Plus 3 rising to plus 7 Celsius
At 800m: Plus 7 rising to plus 14 Celsius
Freezing level: Above summits

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